

## My Healing Testimony

I give God all the honor, praise and glory for allowing me to live, share and encourage others for such a time as this.

I was diagnosed with breast cancer in 1990 when I was 36 years young. It was very shocking to me as I had just had a mammogram in September of 1989 and it was fine. However, while taking a shower the following January, 1990, I felt a lump in my left breast that had not been there. I had the many appointments and it was determined that I indeed had breast cancer. At first I was angry with my breast and thought to myself, 'I will get it cut off so that it will not kill me'. Fast forward into a discussion with the surgical oncologist who said two things to me that reshaped and set the course of my healing. First, he told me I did not need a mastectomy, I only needed a lumpectomy and then he said 'let's get this done so that you can get back to your life.' I so appreciated those words of direction and life from him. I know God was using him.

I had the lumpectomy, chemotherapy, radiation and Christian Psychotherapy. It was a horrendous process that I would not want to repeat. I had two aunts that encouraged me spiritually during my treatments to take The Word of God like medicine, regularly and consistently throughout the day. They also told me to keep negative thoughts, talk and people away from me. I was obedient and I did just that! I ran to God and listened to healing tapes, read healing scriptures, and looked at TV Evangelists who spoke life into me. I had very little contact with people because I did not know what would come out of their mouths. It was a high time of spiritual growth and I continue to grow spiritually day by day.

From this experience, I made many lifestyle changes, including making better food choices, less stress and one major change that came eight years ago - joining Young Living! I still have one major weakness – exercise - it does not come easy for me. In fact, it is a major challenge but I have the desire and will to get it going very soon. My life with Young Living is detailed below. I am a Health Minister, which includes being a teacher, coach and advocate, as well as a Certified Clinical Aromatherapist. You will be surprised of the blessings our Creator God has for us to live an abundant life right now in this earth realm. My passion and purpose is to share this good news to whosoever will listen, learn and do.

When I was first introduced to YOUNG LIVING in 2002 by a good friend, and the therapeutic use of essential oils was new to both of us, I purchased two widely known oils, **Lavender and Lemon**. I chose **Lavender** because I knew of its cosmetic/perfume use and because Young Living's description was that it was effective for so many issues. So I purchased it primarily for my skin; however, through my studies of therapeutic grade essential oils, I learned that research had shown that **Lavender** inhibited breast cancer cells. I chose **Lemon** because I knew of the uses for lemon juice of making water taste better while



purifying it and because one of Young Living's descriptions was that it cleanses the body internally. So I purchased it primarily to make my purified water taste better and to cleanse internally. Subsequently, my studies of therapeutic grade essential oils revealed that **Lemon** was also an inhibitor of breast cancer cells.

This was such a blessing to me since I had been healed of breast cancer for over 12 years and had made many lifestyle changes in order to keep my healing. I realized that I had been Divinely guided to **Lavender and Lemon** and that while using them for my skin and water they were actually doing other things for me that I was not originally aware. In effect, my lifestyle changes had been expanded to include therapeutic grade essential oils and other enhanced products.

**Thank you, Lord for these healing oils and enhanced products!**

Since those earlier days, my daily routine of using Young Living Essential Oils and enhanced products has expanded as well as my interest in sharing these blessings with others. I have had many surprising positive side effects from using Young Living including no allergies, better annual eye glass and contact lens prescriptions, pain relief, increased energy, improved moods, no menopausal symptoms and so much more.

I made a mid life career change from public accounting as a CPA into the health and wellness industry as a CCA and Independent Distributor of Young Living Essential Oils.

If you are serious about making a change in your health naturally, I would love to share with you what has worked for me and many others. It is an amazing journey of rediscovery and recovery of the therapeutic use of essential oils for health, beauty, cleansing and balancing.

Bonita M.W. Shelby  
Health Minister & Certified Clinical Aromatherapist  
**DiVine Health Choices**  
**Next Level Self Care to Empower YOU!**  
**We help you make quality wellness decisions**  
**Young Living, It's a Lifestyle!™**  
301-445-9688  
[info@DiVineHealthChoices.com](mailto:info@DiVineHealthChoices.com)  
[www.DiVineHealthChoices.com](http://www.DiVineHealthChoices.com)  
<http://www.oil-testimonials.com/3031>  
<http://secretsofmothernature/DiVineHealthChoices>

**Information shared herein is given by faith in a higher power over that of man which is The Word of God.**

Essential Oils and enhanced products refer solely to **Young Living Essential Oils--The World Leader in Essential Oils. Young Living Therapeutic Grade™** raises a standard for them being authentically therapeutic/biblical grade essential oils based upon **PLANTS, PREPARATION, PURITY & POTENCY**. This information is not intended to diagnose, treat, cure or prevent disease but is for educational purposes to promote and empower **YOU** to health and wellness. The decision to use, or not to use, any of this information is the sole responsibility of the reader. You are encouraged to do the health-related research required to learn what is right for you and to consult with your health professional.